

ROOTED IN TRUTH 2021

RETREAT TERMS AND CONDITIONS

1. Booking

(a) Your booking is not considered definite and no contract will exist until we receive a \$100.00 USD, non-refundable deposit from you and you agree to these terms and conditions. (b) We do not share customer details with any 3rd parties.

2. Payment

(a) The price is the exact amount to be received by us in US Dollars.

(b) Room occupancy options are as follows (Please select one):

- EARLY BIRD (Booking prior to June 1, 2021): Shared Room/Separate Beds: \$600.00
- Shared Room/Separate Beds: \$800.00
- Private Room: \$1,200.00

(b) Upon executing this agreement, you shall pay Core 7 Fitness a non-refundable deposit of \$100.00. A second payment of \$250.00 will be made no later than July 1, 2021. A third payment, remaining balance based on above selected room occupancy, will be due no later than September 1, 2021. If you fail to pay pursuant to the payment schedule, the booking pursuant to this agreement is canceled and all payments made are forfeited.

3. Your Travel Arrangements

All travel arrangements are your responsibility and at your own cost. We shall not be held liable for any consequences arising from delays or cancellations in any of the companies you may have made arrangements with, or for any irregularities in your documentation required for travel. Transfers to/from the retreat are at your own cost, unless otherwise specified.

4. Your Health

(a) It is your responsibility to let your Core 7 Fitness know if you have any injuries and/or physical limitations, and to be mindful at all times of your own body's capability during the retreat. If you experience any injury or discomfort during any activity during the retreat, then you must desist immediately.

(b) It is also your responsibility to consult a doctor with an understanding of yoga, dance, and other fitness to check that you are sufficiently fit and healthy to undertake classes and other physical activities that you may choose to do whilst on the retreat.

(c) Please advise us of any mental or physical health conditions and dietary requirements before you book. If you have health conditions and dietary requirements that may be affected by the activities offered on our retreats we reserve the right to advise you to desist and in the interests of your wellbeing, or others, we may decline your stay at our retreats.

(d) Whilst all measures are taken to ensure a high standard of health and safety, we are situated in the countryside where the land is uneven and we shall not be responsible for any injuries caused by uneven terrain.

(e) Women who are 12 to 28 weeks pregnant should provide a letter from their health practitioner specifying that they are fit to travel and able to engage in the activities that we provide. We would prefer pregnant women to have done some physical fitness and/or other physical activities before they arrive.

5. COVID-19

(a) I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the CDC and many other public health authorities still recommend practicing social distancing. **Initial** _____

(b) I further acknowledge that Core 7 Fitness LLC has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19. **Initial** _____

(c) I further acknowledge that Core 7 Fitness LLC can not guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, staff, and other clients and their families. **Initial** _____

(d) I voluntarily seek services provided by Core 7 Fitness LLC and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread.

Initial _____

(e) I attest that:

* I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.

* I have not traveled internationally within the last 14 days.

* I have not traveled to a highly impacted area within the United States of America in the last 14 days.

* I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.

* I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non contagious by state or local public health authorities.

* I am following all CDC recommended guidelines as much as possible and limiting my exposure to the Coronavirus/COVID-19. **Initial** _____

I hereby release and agree to hold Core 7 Fitness LLC harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of the studio, or that may otherwise arise in any way in connection with any services received from Core 7 Fitness LLC. I understand that this release discharges Core 7 Fitness LLC from any liability or claim that I, my heirs, or any personal representatives may have against the salon with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Core 7 Fitness LLC. This liability waiver and release extends to the studio together with all owners, partners, and employees.

Signature: _____ **Date:** _____

6. Cancellation by you

(a) You (or any member of your party) may cancel your booking at any time, providing that the cancellation is made by the person submitting the booking form and is notified to us in writing. Cancellation will take effect the day such notification is received by us. If such cancellation is made we will retain the deposit(s) of the retreat. However, if another person can be found to take your place, then we may offer you a refund at our discretion.

(b) Bookings are for the stated period of the retreat. There are no refunds for an unused portion of the retreat.

8. Amendments by us

Occasionally, changes may have to be made (e.g., teacher, tour schedule, class times or other arrangements), which we reserve the right to do at any time. If your accommodation has to be changed, we will do our utmost to provide

accommodation of a similar rating. If a significant change becomes necessary, we will inform you as soon as reasonably possible if there is time before your departure.

9. Cancellation by us

We reserve the right in any circumstances to cancel a retreat. In particular our retreats require a minimum number of at least 75% of the participants to have booked by 30 days before the start date. If this minimum number is not reached by that date we may cancel and refund the money to you.

10. Our liability to you

(a) We accept responsibility for ensuring that the retreats are supplied as described and that the services we are contractually obliged to provide are to a reasonable standard.

(b) We do not accept any liability for cancellations, delays or changes caused by war, threat of war, terrorist actions or threats, closure of airports, civil strife, industrial action, natural disaster, technical problems to transport, staff cancellations, unforeseen changes in your personal circumstances or other events beyond our control.

(c) We are not liable for any injuries you may incur. Fitness classes, tours, and activities are undertaken at your own risk. We are not liable for any medical or psychiatric conditions, which may develop during or subsequent to the retreat. We are not liable for loss of, or damage to, your personal property.

11. Group Bookings

Where a booking is made on behalf of several individuals the booking is conditional on the person(s) paying having authorization from all the individuals named on the booking form to enter into this contract. The terms of this contract will apply to each member of the group as though they had paid for their own retreat individually and directly to us.

12. No Liability for possessions

(a) The B&B will not be left empty and unlocked at any time. It is your responsibility to ensure that your possessions are kept safe at all times. This includes hired cars or other hired equipment.

13. Complaints

If you have a problem during your retreat, please inform the organizer immediately and he/she will endeavor to put things right. Please note that we cannot be responsible for the individual behavior of any group member or other guest sharing your accommodation.

14. Privacy Policy

We do not share customer details with any 3rd parties. Any personal information that you provide to us will be used only for the service you requested. This information is used only for administration of the site system and in the compilation of statistics used by us to assess the use of the site. This privacy policy does not cover the links within this site linking to other sites.

15. Photography

I, for good and valuable consideration, the receipt of which is hereby acknowledged, hereby irrevocably authorize Core 7 Fitness and/or its affiliates, including but not limited to Shantel Reitz, Wendy Paul, and Tamra Callahan to use photographs of me and or my property and authorize her and her assignees, licensees, legal representatives and transferees to use and publish (with or without my name) photographs, pictures, portraits or images in any and all forms and media and in all manners including composite images or distorted representations, and the purposes of publicity,

illustration, commercial art, advertising, publishing (including publishing in electronic form on CDs or internet websites), for any product or services, or other lawful uses as may be determined by the photographer or Core 7 Fitness. I further waive any and all rights to review or approve any uses of the images, any written copy or finished product. I am of full legal age and have read and fully understand the terms of this release.

Printed Name

Phone number

Signature

Email